

Crosstalk:

We do not crosstalk during this meeting. Crosstalk means interrupting, referring to, or commenting on what another person has said during the meetings. We do not crosstalk because adult children come from family backgrounds where feelings and perceptions were judged as wrong or defective.

We accept without comment what others say because it is true for them. We work toward taking more responsibility in our own lives rather than giving advice to others.